

Rochelle's Tasty Apple Crisp

Serves 6



Ingredients

- 10 apples (Best results with Mac-Intosh or Golden Delicious varieties)
- ½ cup of brown sugar
- 1 tsp of cinnamon
- 1 tbsp of lemon juice
- ¾ cup of all-purpose flour
- ½ cup of sugar
- ½ cup of butter

Directions

- ☞ Preheat oven to 375° F
- ☞ Peel and cut the apples
- ☞ Mix brown sugar, cinnamon, and lemon juice with apples and place in a 9x9 inch baking dish
- ☞ Combine flour, sugar, and butter with a fork and crumble on top of apples
- ☞ Bake for 40 - 45 minutes



Nutrients (approximately)

434 Calories per serving,
Fat 10g, Saturated Fat 6g, Cholesterol 25.4mg, Sodium 76.7mg,
Carbohydrates 88.7g, Fiber 7.7g, Sugars 66.2g, Protein 2.5g

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