

Mixed Greens with Grapes and Feta



Yield: 8 servings

Ingredients

- 8 cups of mesclun salad greens (5 ounces)
- 1 head of radicchio, thinly sliced
- 2 cups of halved seedless grapes (about 1 pound)
- 3/4 cup crumbled feta or blue cheese
- 1/4 cup extra-virgin olive oil

Directions

1. To prepare dressing: Whisk oil, vinegar, salt and pepper in a small bowl until blended
2. To prepare dressing: Just before serving, toss greens and radicchio in a large bowl. Drizzle the dressing on top and toss to coat. Divide the salad among 8 plates. Scatter grapes and cheese over each salad; serve immediately.

Nutrients (approximately)

135 Calories per serving,
Fat 10g, Cholesterol 13mg, Sodium 239mg,
Carbohydrates 9g, Fiber 1g, Protein 3g

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