

Spinach and Raspberry Salad

Makes 4 servings



Ingredients

- 4 cups of spinach
- 4 cups of leaf lettuce
- ¼ cup of olive oil
- 2 tbsp of raspberry vinegar
- ⅛ tsp of white pepper
- 1 cup of raspberries

Directions

☞ Combine greens in a salad bowl, cover and chill.
☞ Just before serving toss with oil, vinegar to taste, and pepper. Sprinkle with raspberries and serve.

Nutrients (approximately)

168 Calories per serving,
Fat 14g, Saturated Fat 2g, Cholesterol 0mg, Sodium 58.3mg,
Carbohydrates 8.9g, Fiber 4.3g, Sugars 4.3g, Protein 2.1g

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